



# AFL NORTHERN TERRITORY LTD.

Location: TIO Stadium, Abala Road Marrara NT 0812    Postal Address: PO Box 43196 Casuarina NT 0811  
Telephone: (08) 8980 4888    Facsimile: (08) 8945 0069    Email: aflnt@aflnt.com.au  
Website: www.aflnt.com.au    ABN 81 097 620525

## COACHES CORNER NEWSLETTER

Proudly brought to you by  
Volume 3 Edition 3



Welcome to Edition 3 of the Coaches Corner Newsletter for 2009/10 NTFL season. This is for all Umpires at training and all those that miss Monday night's coaching session due to work or sickness. **(Spare copies will be in the "HANDOUT" Pigeon Hole from each Friday afternoon).** So it's your responsibility to pick up your weekly Coaches Corner Newsletter, so you're keeping up to date with what's going well, what's not and also the general news.

Round 4 are off field was great thank-you, lets keep it up for the rest of the season. On Field we are continuing to work hard in most grades, but our League umpires must lift higher as I believe some umpires are taking their spots for granted. If this continues they will be dropped back to Reserves, I will speak to a few umpires tonight at training and over the next few days and remind them about their responsibilities at League Level.

Round 4 notes to remember from now on and through-out the season please:

- Everyone should start to receive an email from Sporting Pulse on Wednesday Evening with your Appt/s. This is the new system which will take over me sending an email every Wednesday Night for those not at training to sign off their Appt/s
- **If you're not at training Wednesday night to sign off your Appointments it's YOUR RESPONSIBILITY to call AFLNT on 8980 4888 before 12 Noon on Friday!**
- **All Umpires a REMINDER that your NTFL PASS is for umpiring or water carrying for fellow Umpires ONLY.** I have receive complaints that some umpires are using their Umpiring Pass for their entranced into junior footy matches on their Non-umpiring day. Under NTFL By-Laws this is NOT ALLOWED, you must pay the \$5.00 morning entranced fee still.
- **If you have a Report, you must ring me or Michael Barfoot – 8980 4812 or his mobile on 0439 384 197 between 2pm- 5pm on a Tuesday afternoon to find out if the reported player has taken a set penalty or if it's going to fight it at the tribunal.**





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- **ALL FIELD UMPIRES ARE REQUIRED TO VISIT TEAMS PRIOR TO THE MATCH IN ALL GRADES!!! (in your training singlet/shirt for League/Reserves umpires please)**
- Accreditation – All new people to umpiring should have Level 1 Accreditation Manuel/Diary & DVD by now, if not see me over the weekend please for them. Make sure you bring your Accreditation Diary with you every match so a Coach or Senior Umpire can help you fill in a box or two in the diary and then by the end of the year you should have it completed.
- Preparation – before match – drink plenty of water/study the teams you have & make sure you're in the umpire's change-room 45 minutes before you're scheduled starting time. League FIELD Umpires **note** it is 1 Hour before as we need to see teams earlier.
- Don't forget to help run WATER for each other ☺
- Please make all new umpires welcome & appreciated ☺
- If you need a New Uniform please see Noons
- Please bring your OLD AFLNT Logo Shirts in and place them in the Community Leagues Umpires Black Bag in the Change-room.
- NTFLUA Blue Shorts may be purchased for \$20 COD
- If you haven't already picked up your updated hand-out of NTFL Rule changes for this season, then please grab a copy ASAP out of the Pigeon Holes!
- Please remember the "Commencement of Play Rule" especially at League level, you should have a clearer understanding of it now – see Noons if you don't please.
- Keep up the good work with the water carrying especially after your game please.
- Your pays should off go in (Wednesday 28<sup>th</sup> Oct) thank you for being patient with this is a new system as we are having a lot of teething problems unfortunately.
- Unavailability must be in by the end of training on Mondays at the latest please as we do appointments on a Tuesday.

## Round 4 Field Umpires Coaching Session Notes

### League Field Panel Umpires Whiteboard

Work Wells +	Work On's -
Change over's in mid zone (MZ Swaps)	Consistency of prior opportunity interpretation with HTB's
Squaring up to mark – Kick out of EZ + forward of centre circle as MZ Umpire	COC when coming out of EZ – we are coming too far out of end zone with play
Communication with players	Match focus – tempo of game





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## Field Training Meeting at 5.45pm Sharp:

Monday night's discussion focused on the "holding the ball" law and prior opportunity as per the 2009 laws DVD.

### **Part 1 - Reasonable Time/No Prior Opportunity**

Players that have had no prior opportunity need to be given a reasonable time to dispose of the football. In this situation, an attempt to kick or handball is acceptable and play on will result.

### **Part 2 - Prior opportunity**

A player must immediately dispose of the football by way of kick or handball once legally tackled. If, when the player is legally tackled, there is no immediate legal kick or handball a free kick results. An attempt to kick or handball in this instance is not good enough.

### **Part 3 - Diving on the ball**

In this situation the onus is on the player who dives on the ball. Once he is legally tackled, the player must immediately and successfully knock the ball on otherwise he will be penalised for holding the ball.

### **Part 4 - Taking on the tackler**

Umpires need to be really strong in this area. When a player attempts to take on a tackler and is legally tackled, we must be strong and pay holding the ball. We must also be strong and award a free kick against any player who is legally tackled and then bounces the football.

### **Part 5 - Taking the ball from the ruck**

When ruckman take the ball from a ruck contest they are deemed to have had prior opportunity and must legally kick or handball immediately. In this situation an attempt to kick or handball is not good enough. However, the tackle must still be legal.

## League Field Panel TRAINING DRILL:

On Monday night (26<sup>th</sup> Oct) we jogged around the field, setting up change of control drills. We positioned umpires (based on the 3 umpire system) at the appropriate places for shots on goal, likely to score, boundary throw ins close to and inside the 50 arc, mid zone boundary throw ins, and field ball ups just inside the 50 arc.

With these scenarios' we spoke and then demonstrated the running positions and change of control techniques each of these scenario's required. This included tapping to retain control and tapping for a switch. We also discussed the centre circle ball up and the need to ensure both teams were aware of the need to have ruckmen positioned inside the circle prior to us saying that the centre circle is locked. If you don't have an updated copy of the





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NT version of the 3 umpire system positioning, then please grab a copy out of the Pigeon Holes.

## Level 1 Field TRAINING DRILL:

Work on some of the Holding The Ball (HTB) scenarios' as per the DVD vision we watch and on how we come to our decision when interpreting this difficult rule.

## Boundary TRAINING DRILL:

What the Boundary Riders are working on this week

I think our decision making is good, but we appear to be behind 20-30 metres to where we need to be eg. Getting to the behind post as the ball is coming in or going through, not as it is being kicked, possibly due to a lack of fitness

## DRILL

- Around the far boundary line we divided it into 4
- From behind post - Run 50% to 50 metre line - Sprint 70 metres to middle - Run 50% to 50 metre line - Sprint to post
- From behind post - Run 50% to 50 metre line - Sprint 140 metres to 50 metre line - Run 50% to post
- From behind post - Run 50% to 50 metre line - Sprint 190 metres to post
- From behind post - Sprint 240 metres to post at other end.
- Need to work hard on getting off the point of the square to the correct position after a ball up.

Work on our communication with the Goal Umpires, using names and confirming decisions if necessary. Ensure we do not move from the post to pick up the ball *until* the Goal Umpire has signaled the goal, but it's OK to back out from the post or where you are if a behind has been scored, however it is not necessary to wait for Goal Umpire to signal a behind to move.





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## League Goal Panel TRAINING DRILL:

We work drills involving the Behind post – examples areas follows:

- Hit's the behind post
- Bounces then hit's the Behind post
- Out Of Bounds (OOB) Assist
- Out on the Full (OOTF) Assist

Involving the signals for all these scenarios' and making sure we move into the right position to assist the boundary umpires.

## Level 1 Goal TRAINING DRILL:

JD put all the new umpires through flag waving drills and also "getting under the flight of the footy" drill.

## Milestone Avenue- Round 5:

- Gerry Wood – 100<sup>th</sup> U/14 Field Umpiring Game
- Adrian Wellington – 50<sup>th</sup> U/14 Field Umpiring Game

**Mark Noonan**  
**Umpiring Development Manager**  
**AFL Northern Territory**

