



AFL NORTHERN TERRITORY LTD.

Location: TIO Stadium, Abala Road Marrara NT 0812 Postal Address: PO Box 43196 Casuarina NT 0811
Telephone: (08) 8980 4888 Facsimile: (08) 8945 0069 Email: afnt@afnt.com.au
Website: www.afnt.com.au ABN 81 097 620525

2010/11 NTFLUA AGM & Pre Season Training

Dear Umpire,

The NTFLUA AGM will be held at 6.00pm Wednesday the 23th of June at TIO Stadium, Marrara. All Committee positions will become vacant at this meeting. All NTFLUA and TEAFA Umpires, past and present are encouraged to attend. Drinks and nibbles will be served after the AGM.

Nominations:

* **Committee positions**

Nominations for committee positions can be in writing or taken from the floor that evening in accordance with [24. (1) ELECTION OF MEMBERS OF COMMITTEE].

* **Life Membership**

Nominations for the Life Membership must be in writing and lodged 7 days prior to the AGM in accordance with [5A LIFE MEMBERSHIP].

Please send nominations to:

Secretary NTFLUA
PO Box 568
Sanderson NT 0813

The 2010/11 NTFL Season is going to be another exciting year with:

- With the official merger of the NTFL & TEAFA competitions now complete, there will be 3 exciting divisions of senior football (Premier -8, First -11 and Second - 11).
- Plus the inclusion of the Katherine u18 team.
- 18 NTFL senior football rounds and Final 5 in all grades.
- The continuation of more Friday night matches, with lights on No 2 Oval now up & going.
- 2 weekends off for Christmas this season again ☺
- Defence Jobs Pre-Season Carnival (1st, 2nd, and 3rd of October) SEPARATE to Round 1 this season, which will start for all grades the following weekend on 8th, 9th and 10th.
- Umpires fighting for selection to be involved in the 2012 QAFL Competition.
- All clubs with their own home venues will receive 5 home games including Tiwi Bombers with 4 home games.
- NTFL Premier Division Grand Final will be on Saturday 19th March 2011.



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2010/11 NTFL Umpires Pre Season Training

On behalf of the AFLNT we welcome new umpires, TEAFA umpires and all excising NTFLUA members to our group as we all head in a new direction as one combined group. I would like to inform you of the commencement of pre -season training for the NTFL 2010/11 season.

It is vital that you have a solid pre-season as this will help **minimise** injuries and those little niggles, as we need everyone on deck fit and healthy as we have the 12 weeks straight up in the first period leading into the 2 weekend Christmas/New Year break.

As many of the umpires can not make every session until early September (due to other sporting finals), but are still keen to run with the group at least once a week. We will be conducting 2 nights per week training runs to reach a broader audience and we highly recommend that you try and train with the group as much as you possible can.

Pre-season scenic 30-45 minute group training runs (LSD- Long Slow Distance) and will continue to be held every Monday and Wednesday nights **starting at 5.45pm each week** until the late August when we will return to TIO Stadium.

*****Please wear your AFLNT umpiring training singlet/shirt to help with our recruitment*****

- Monday 28th of June 2010 we will start at Nightcliff Swimming Pool Car-park.
- Wednesday 30th of June we will start at Holmes Jungle – park near public toilets
- Monday 5th of July we will start at the Botanical Gardens – bottom car-park
- Wednesday 7th of July we will start at Dripstone Cliffs starting at the main car park at the top of the cliffs.
- Monday 12th of July we will start at East Point Reserve main gates heading around the point and return.
- Wednesday 14th of July we will be starting at Leanyer Skate Park.
- Monday 19th of July we will start at Doctor's Gully – run around to Cullen Bay and return.
- Wednesday 21st of July we start at Nightcliff Swimming Pool - (QAFL 5km Time Trial)



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2010/11 NTFL Umpires Pre Season Training (Cont.)

- Sunday 25th of July – ABC Half Marathon 7am – we are hoping to put in a number of umpiring teams of 4 people again, who will then all run 5.3km leg each and we can use this run as a major recruitment day.
- Monday 26th of July we will do a **POOL recovery** session at Nightcliff Pool – 6.15pm.
- Wednesday 28th of July we will be starting at the Deckchair Cinema head to around the esplanade to Doctor's Gully and return.
- Monday 2nd of August we will starting at Mindal Beach – opposite Gardens Oval gates
- Wednesday 4th of August we will start at Holmes Jungle – park near public toilets
- Monday 9th of August we will start at the Botanical Gardens – bottom car-park
- Wednesday 11th of August we will start at Dripstone Cliffs starting at the main car park at the top of the cliffs.
- Monday 16th of August we will start at Nightcliff Swimming Pool for a run.
- Wednesday 18th of August we will have our **“Come & Try Umpiring Night”** on at 6pm on TIO Stadium No 2 Oval. We hope everyone can bring one person along and they will be a BBQ afterwards. **This is our biggest Recruitment Night!!!**

The remaining dates from Monday 23rd of August onwards will be determine by venue availability at a closer date and everyone will be notified at the Come & Try Umpiring Night & it will be also be put up on the NTFLUA website www.ntflua.com.au .



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A big congratulation to the following NTFLUA umpires who will represent the Northern Territory over the next 8 weeks:

- Ayden Rickman & Hayden Kelly at the NAB U18 National Championships in Melbourne
- Roland Ostler & Ferne Callaghan at the NAB U16 National Championships in Sydney
- Bradley Lewis & Shaun Ostler at the School Sport Australia joint U15/U12 Australian Rules Carnival in Perth in late July and the young guys are being kindly billeted by former NTFL League Grand Final umpire Scott McPhee.

I hope to see every one at the NTFLUA Annual General Meeting and at pre-season scenic training runs. This year we are again running a competition to reward fellow umpires who recruit a new umpire/s to the group and they will go into the draw for 2 double grandstand tickets for the 2010 Indigenous All-Stars Game at TIO Stadium in early February.

So don't forget "**word of mouth is the best recruiting method**" so bring down a friend, family member or work colleague or a former umpire you see out in the street to help boost our numbers for the 2010/11 Season.

Yours sincerely,

Mark Noonan
Umpiring Development Manager
AFL Northern Territory